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Jen Mariano,
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Jr. Daughters
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Triennial 2009!
We will be at the Hyatt Regency in Anaheim, CA from July 1st through the 5th.
The theme is "The Sevenfold Gift of the Holy Spirit." The Junior registration
form is on dok-national.org and in the last Royal Cross. Start saving now!

Mississippi Mission for Katrina Relief



I'll be the first to admit it, when I first signed up for Trinity Episcopal's mission trip to Mississippi, I did it for all the wrong reasons. I figured it would be a fantastic opportunity to reconnect with some old friends, so we could catch up on

the latest gossip, talk for hours on end about absolutely nothing in particular, and just act like complete goofballs, not having a care in the world about what others thought. Along with that, it would finally give me the chance I had been longing for, to temporarily escape my parents' constant jurisdiction over me. Not to mention it would ensure me some much needed community service hours that I was seriously lacking at the time. Looking back, I had no idea what kind of life changing experience I was getting myself into.

Trinity Episcopal's youth group departed from St. Augustine, Florida with Bay St. Louis, MS as our destination. Upon arriving in Bay St. Louis, I got the feeling that I was arriving the day after Hurricane Katrina struck. I was surprised beyond belief that nearly three years had passed since Katrina hit, yet many sections of the town had yet to be restored to their original state. Though it was dark outside, I have a crystal clear image in my mind of the devastation that was around us as soon as we stepped out of our vans. Buildings without roofs scattered along the roads, broken windows in destroyed, abandoned houses, and perhaps the most bizarre was a bank vault that sat by itself in an open, empty lot; its steel structure the only thing in the bank that was durable enough to survive the potent storm.

For four days straight our group woke at the crack of dawn to prepare for the day ahead of us by loading vans with sundry tools, packing bag lunches, and doing various chores around our camp. Following a quick devotional we were on the road and headed towards our worksite, a fireman's house that had been destroyed by Katrina's mighty winds and flooding. The roof had been completely torn off and there were no longer any windows on the

Called to be a Junior Directress

by Jan Lewis,
Junior Directress of the St.
Monica's Junior Chapter,
Colorado City, CO

A few years after taking my vows as a member of St. Monica's Chapter at Church of the Ascension in Pueblo, Colorado, I felt moved to start a junior chapter. The mother of two primary school-aged boys at the time, I recognized that the crop of young girls in the parish could benefit from support in their spiritual formation. I engaged the senior chapter in prayer support and launched a mini-campaign to recruit girls, explaining — mostly via after church conversations with girls/parents — what DOK was all about.

I initiated weekly midweek preparation meetings in the fall of 2001, recruiting parents to help provide simple suppers for my 6-7 pm gatherings with the girls in the Parish Hall. Nine girls completed the preparation period and took their vows the following spring. We continued weekly meetings through the end of the school year, at which time I sent this letter:

You have completed your first year as JDOKs. How pleased God must be with your commitment to growing in the ways of prayer and service! In

Mission Trip, continued

house, only holes in the wall. We immediately got to work on the roof, which was our group's main focus, and continued to rebuild it throughout the week. It was when I first I climbed onto what was left of the roof that I realized this was an actual person's house, and we were really making a difference in someone's life. The contents of his attic were still lying there, drenched as a result of being exposed to the rain. An old Letterman jacket, photo albums, awards and plaques, as well as a Bible were only a few of the myriad of items we were working so hard to put a cover over.

After spending hour after hour on that scorching hot roof, all of our group's hard work was beginning to pay off. We were making noticeable



Members of Sts. Mary and Martha Junior Daughters from St. Augustine, FL

progress on the roof by adding plywood sheeting, laying down the tarpaper, and nailing down the shingles. For those less daring in our group who wanted to keep their feet on solid ground, there was plenty of work to be done around the yard, which included picking up old, scratched CDs that had flown out of the house, clearing the layers of dirt and leaves that covered the grass, and picking up handful after handful of trash that had been blown everywhere by the winds. Needless to say we were exhausted by the end of the day.

A few days into our trip, we were given the amazing opportunity of meeting Lorenzo, the fireman whose house we were working so hard to restore. When asked how he utilized his time after the storm, he told us that instead of staying with his family and assessing the damage to his house, he went out to look for bodies. The fact that he was able to forget about his own problems and



Members of Sts. Mary and Martha Junior Daughters from St. Augustine, FL

focus on others' needs shows just the type of person Lorenzo is. Despite the fact that he and his family were forced to live out of a van for the six months following the storm, he was still able to have a positive attitude about it, and more importantly he never lost his faith in God. Immediately, our entire youth group formed a special bond with Lorenzo. He made us laugh until our sides ached, all the while inspiring each and every one of us. The next day, you could feel the difference in everyone's attitude at the worksite. The fact that we now had a face to connect to the house, and we had heard stories about what had occurred at the location, made us even more anxious to complete our project, and that we did.

I took advantage of our long trip back to Florida to spend time absorbing everything that I had experienced over the week. Images of ruined homes, destroyed business, and families mourning the loss of a relative kept popping into my head. What had began as a way to earn a few extra service hours turned into a life altering experience. Following the trip I looked at the world with a new pair of eyes, appreciating the little things I had previously taken for granted. I can guarantee you that the night we returned, I had never been more grateful to have a house to go home to, unlike those many people who have nothing and still need your help, due to that tragic storm.

*Meredith Schrum
16 years old
Saints Mary and Martha Junior Chapter
St. Augustine, FL*

Called to be a Directress, , continued

particular...it has been joy to hear your sincere prayers for family, friends, classmates and neighbors week after week...and your recent participation in the Haiti bike-a-thon [a fund-raiser for the parish work in Haiti] was admirable.

Summer is around the corner and you'll be heading off in different directions for vacations, camps, and other interesting activities. You'll have plenty to pray about and you'll find ways to serve God wherever you are. Here are a few ideas to consider:

- *Keep a diary of prayer requests and answers*
- *Find a friend or family member to pray with once a week*
- *Be a friend to a lonely kid in your neighborhood or at camp*
- *Take flowers or fruit to an lonely older neighbor*
- *Read a book (or two or three or four books) of the Bible (you'll have a leg up on our next Bible Brain Bowl!)*

Tonight is our last meeting for this "school" year. I'll be in touch with you and your parents about plans for our sleepover/retreat. We'll probably try to do it in August. Be thinking about and praying for a friend who might consider joining JDOK this fall.

Have a safe and fun summer. Our paths will cross in church and probably in other places! But when we don't see each other, let's keep in touch through prayer.

I share the letter to illustrate the personal joy I received in watching the girls grow, and the prayer and relationship bond I sought to maintain with the girls. At some point in the process of that first year, I remember saying to myself: "This is the most important thing I am doing in my life!" followed by the thought: "I must ensure that my two boys receive this same support from me!"

Several girls dropped off after the first year (moves, time constraints), but three more prepared and took vows two years ago, and several more (who said "no" to last year's invitation) want to begin preparation this fall. With my own children now in their teens and dealing with the many negative pressures and distractions youth face in our culture, I am more convinced than ever that supporting the girls and young women of our parishes and communities, and *engaging them in prayer for and service to their peers* is vital!

The recent gathering of Junior Directresses in South Carolina for a working retreat confirmed and revitalized my own commitment to this work. With growing resources available through the National Office and via the support of our dedicated National Junior Directress Jennifer Mariano, I hope others will want to take on the rewarding role of parish Junior Directress!

Province III Junior Retreat Bishop Claggett Center June 20-22

On June 20-22, 2008, Province III Jr. Daughters attended their annual retreat at the Bishop Claggett Center in Buckeystown, MD. Our retreat leader was The Rev. Anjel Scarborough and



the theme for the weekend was "Go and Tell". Four chapters, including ourselves attended the retreat: Blue Angels, Emmanuel, Genesis, and Ruth. We had a joyous and spiritual weekend with at least twenty Jr. Daughters and six adults.

Each day we had a planned schedule. On the first day we made crosses and bracelets and played an introduction game. We also shared what our chapters did during the year for service projects and bible studies. For example, our juniors participated in angel tree parties for children of parents who are incarcerated; presented toiletry baskets to seniors; did mission work in various states, assisting in constructing and painting homes for the elderly; conducted prayer services during the year, & presented various programs and services for parishioners. Rev. Scarborough also led us in a discussion about norms for the weekend. Later on, after dinner we made s'mores at the bonfire under the beautiful light of the moon, then some ran around on the hills and others prayed. Later, we ended the day with Compline in the chapel.

On day two, the day started with a morning worship service. After we had breakfast we convened for bible study, which we all enjoyed. We broke into five groups and read bible stories related to our theme "Go and Tell" (i.e., Mary Magdalene, Huldah, Abigail). Our group leaders were our Jr. DOK Directresses, Province and National leaders, Ms. Byrd, Ms. Copeland, Ms. Mariano, Ms.

continued

Province IV Junior Retreat at Kanuga June 20-22



Over 55 Junior Daughters gathered at Kanuga in Hendersonville, NC for a wonderful, spirit - filled weekend. We learned to walk and pray the Labyrinth, made lots of great crafts and did a Bible study. The Junior and Senior Daughters all came together Saturday night and shared the evening. We enjoyed a talent show and an ice-cream social. After breakfast and the Eucharist Sunday morning we headed home.

What a great time we had!

Augusta Nadol
Province IV Junior Directress

Province III Retreat Continued

Rodgers, Ms. Sievers, Ms. Vohden, and of course Rev. Scarborough, our facilitator. It was a great experience, because after lunch each group re-wrote their bible story, chose props and incorporated a lot of creativity in our final decisions for our presentations. After lunch we got a chance to relax by reading, playing games, and/or swimming. After dinner, we then performed our skits as the bible story related to us today, in our homes, schools, etc. Wow! We had fun doing that! After our presentations we enjoyed again our bonfire and eating s'mores. We ended our night with Compline.

On day three we went to breakfast, and ended with our worship service, before we were homebound. Our National Directress, Jen Mariano, received a large sheet of thank-you notes, well wishes, and accolades from all Juniors and adults for all that she has done for us, as Jr. Daughter National Directress, and for the planning of our retreat. Rev. Scarborough also received flowers and a gift for her great preparation, planning, and hard work for our successful retreat. Our Province Co- Directress, Ms. Copeland, also received flowers and thanks for all that she had done to plan, arrange, and communicate with chapter directresses for our retreat. Overall, our retreat was enjoyed by all, and it was a beautiful spiritual experience. We studied about the Word of God, met new Jr. Daughters, and especially learned to "Go and Tell."

Joy Copeland & Diahra Garret
Juniors Daughters of the King, Ruth Chapter
St. Timothy's Episcopal Church, Wash., D.C.



2008 National Junior Directress Retreat

We came from Texas and Colorado

And Massachusetts

We came from

Florida,

Georgia

North and South

Carolina

And numerous points in between.

We came from large churches

And small churches.

From large chapters

And small chapters.

From very supportive and understanding parishes and churches

From parishes and chapters who cannot be as supportive right now.

We came from different backgrounds
different thoughts
different ideologies
different denominations.

We came together to run and play
to sing and worship
to laugh and cry
to share our ideas
to get new ideas.

Inspiration from Directresses Retreat

We came to work.
And work we did!
Hard work
Demanding work
Intense work
At times controversial
work
And again we laughed
And we cried
And we disagreed
And we agreed
And we spent time
together
in prayer
in praise
in adoration of
the Glory of our
Lord.

We left with new
found friends
With greater
confidence
With having been
wonderfully blessed
By being touched by
the stories
Of the other women that
were present
And being blessed
By being touched by
The presence of God in
our midst.

We give thanks for our
work with the girls.

We give thanks for our
sister directresses.

We give thanks for the
time we have had
together.

Susan Keith
Diocesan Jr. Directress
Western North Carolina

The Jr. Directress Retreat/Conference in South Carolina provided me with many different kinds of “food for growth:”

- ✘ Delicious food and nurturing fellowship;
- ✘ Resources for Jr. DOK and encouragement for my own efforts;
- ✘ Opportunities for prayer, spiritual insight and shared worship;
- ✘ Reminders of why I became interested in the ministry of Jr. Daughters.

No matter the differences in our approaches, our personalities, our parishes or the chapters from which we came, we were united in our desire to create a strong structure. We wanted our Jr. DOK chapters to help our girls and young women develop into mature Christian women and we wanted our national policies and publications to support those efforts. Our work was joyful and incredibly productive.

The cooperation and warmth of this gathering was a reassuring statement for me about the very nature of Christian community. Ultimately, we are all working to be our Lord’s hands in this fractured world. The desire for that shared purpose was what first attracted me to the Daughters of the King.

Shortly after I became a Daughter, I became a Junior Directress because I wanted to provide a safe and supportive environment to young girls lacking a strong Christian

presence in their lives. In an urban, unsupportive community our girls were able to learn about God’s love for them and hopefully, ways in which they could live out their lives in that love. I learned that best efforts sometimes were not enough. I learned that we plant seeds, not see the fruits. I learned my limits in dealing with children who were in problem situations.

In my current parish, I began another Junior Chapter and we now have three of the charter members still with us. In reflecting on how I lack energy to deal with these girls and recruit others, I remember my octogenarian Sisters in Christ at the Conference! Their wisdom and energy were an inspiration to us all!

In moments of frustration, I remember my “twenty-somethings” Sisters at the Conference whose enthusiasm was so infectious! I think, there goes the fruit of someone’s planting.

While planning activities this year I am drawing upon the resources and wisdom of Mother Susan and my Sisters at this conference. I am encouraged and supported by the new Jr. Study Guide and prayers for both Juniors and Seniors.

Above all, I am grateful for the opportunity to have shared this time with those who share my interest and desire to minister to those who will be the hands of Christ in the future.

Mariana Bauman
Directress, Jr. Chapter of Love and Faith
President, Diocese of Western Mass. DOK



“Twenty-something” Jr. Directresses

New Chapters, Welcome!

Lambs of God in Charleston, SC

Mary Foster Gaillard, Tara Gaillard, Emily Lood and Cali Cooks



Augusta Nadol, Diocese of SC Jr. Daughter Directress, represented National at the institution of The Lambs of the Good Shepherd at Church of the Good Shepherd, Charleston, SC, Province IV, on Sunday July 13, 2008, at the 10:30 Service. Good Shepherd Rector, Fr. Shay Gaillard, officiated at the service, and Tara Gaillard is the Directress.



Front: Patterson Fralix, Emily Lood, Cali Cooks, Mary Foster Gaillard. Back: Augusta Nadol (Province Director), Ann Claire Gaillard, Elizabeth Wise, Tara Gaillard (Directress)

Esther Juniors in Sherman TX

The Esther Chapter of Junior Daughters was instituted on Sept 14, 2008 with its charter and new members, at St. Stephen's Episcopal Church in Sherman, Texas.



First Row: Kori Neal, Marie Yost, Kady Hall (Pres), Lori Stephens (becoming new member), Terry Krawitz (Diocesan Director). Second Row: Elizabeth Bennett (Directress), Fr. Yost (Rector), Helen Walters (Diocesan Pres.) Karolyn Rawlins. Third Row: Kay Vessels, Penelope Fields, Debbie Montgomery, Judy Devenport, Genny Koziol. Not pictured: Helen Summer, Nancy Barton, Carolyn Walker, Helen Perkins, Pat Dannel.

Cynthia Olsen Juniors in Alief, TX



The Cynthia Olsen Chapter was installed on October 5 at Christ the King Episcopal church in Allief, Texas. Veronica Campbell is their directress.

Naming the Cynthia Olsen Chapter

by Kathryn Wahnoutka, Jr. Directress

When my Grace Junior DOK Chapter was no longer allowed to meet at our church, St. Justin Martyr Catholic Church in Alief, we started meeting in homes. As time went by the chapter was getting too big for homes. I started praying for a new meeting place. God led me to Christ the King Episcopal Church, a small mission church in Alief. I promised them in exchange for a place to meet, I would help them start a Junior Chapter.

So we began. My older girls helped me with the training. I told the girls to pray about the name of the chapter, but nothing was agreed on. We continued to study and as it got closer to needing to send for the charter of the new chapter, I again asked them to come up with a name. Veronica Campbell, their Directress, suggested that we name the chapter after a woman who was important in the formation of the church, but the girls said they didn't know anyone. Then out of the air came the name Cyndy Olsen – you see Cyndy was my friend and sister in Christ when I originally attend this church and helped start the Senior Chapter in 1982. I had seen her again at the meeting where I asked for their support to use their church. Between the first meeting, when we discussed the name, and the day her name was suggested two months later, Cyndy suddenly died from a blood clot after surgery.

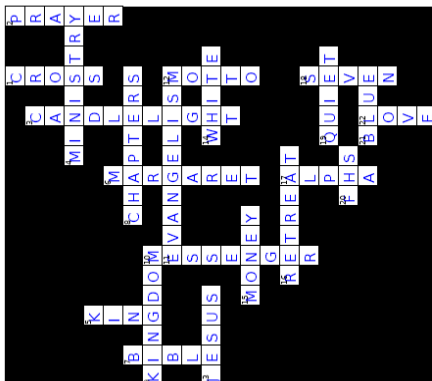
On June 14, a dedication was held of this very special window which Cyndy had designed. She had just given it to the church before she died, unaware that it would be dedicated in her memory just a few weeks later. The Cynthia Olsen Junior Chapter was instituted on October 5. Praise God!



Junior Daughters

Jen Mariano

Things related to Junior Daughters. Use your Handbook to help.



- | | | | | |
|----------|-----------------------------|------|----|---|
| 4 Across | Part of our Rule of Service | Down | 1 | Lit It High |
| 6 | Juniors group you will come | 2 | 3 | Rule of Service for beginning preparation |
| 8 | Mission of the Order | 4 | 5 | Daughters of the Order |
| 11 | For Whose Sake? | 6 | 7 | Our Founder |
| 13 | One color of the Order | 8 | 10 | What we study |
| 14 | What we cannot raise | 9 | 12 | Junior Communication |
| 15 | Time to fellowship | 10 | 13 | I am one |
| 16 | Time with the Lord | 11 | 17 | Mary Davenport formed the first |
| 19 | For His Sake | 12 | 18 | Earliest age for a Junior Daughter |
| 20 | Another color of the Order | 13 | 22 | God of |

Prayer Blankets



The Junior Daughters of St. Paul's Episcopal Church of Atlanta, Georgia, instituted a Prayer Blanket Ministry for parish members who seek physical and emotional healing. These blankets are made with love, care, and prayer by the 11 young ladies who have taken vows of service and prayer. So far, three blankets have been distributed. We look forward to continue touching the souls, minds, and hearts of our members. Above, St. Paul's Junior Daughters presented a blanket to one of the parishioners.

VBS Group Leaders:

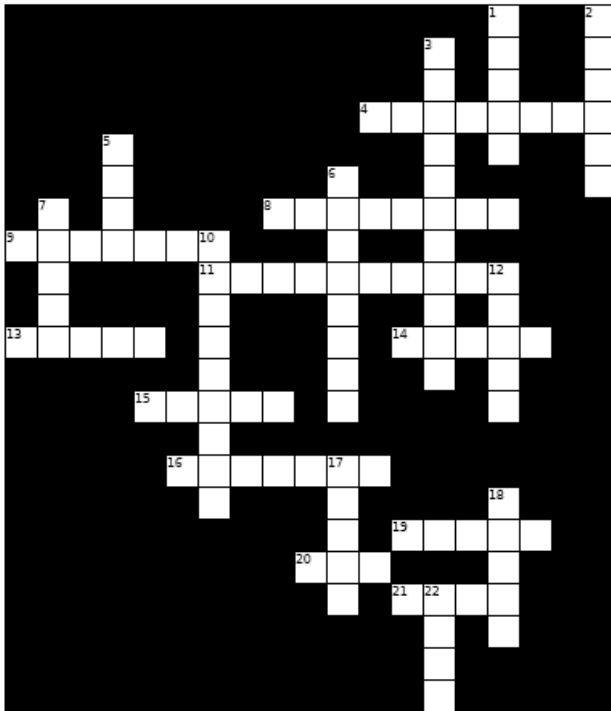
Josephine Bakhita Juniors Lend Their Support

During the week of August 4-8, 2008, St. Mark's Episcopal Church held its annual Vacation Bible School for the children of the parish as well as for San Marcos (a Spanish congregation) and the community. Jr. Daughters Amber Wihshi and Sarah Mpouma served as group leaders, shepherding younger children in their care. Kevannah and Christina Campbell also participated in St. Mark's Vacation Bible School. Jr. Daughters helped set up/clean up, participated in skits, supervised various activities and helped the children learn about, and share in, God's love through their dedication, time, and the use of their individual gifts.

Junior Daughters

Jen Mariano

Things related to Junior Daughters. Use your Handbook to help.



- | | | | |
|-----------|---------------------------------|---------|------------------------------------|
| 4 Across | Part of our Rule of Service | 1 Down | Lift it High |
| 8 Across | Juniors group in | 2 Down | Rule of |
| 9 Across | We pray that Your ___ will come | 3 Down | Service for beginning preparation |
| 11 Across | Mission of the Order | 5 Down | Daughters of the |
| 13 Across | For Whose Sake? | 6 Down | Our Founder |
| 14 Across | One color of the Order | 7 Down | What we study |
| 15 Across | What we cannot raise | 10 Down | Junior Communication |
| 16 Across | Time to fellowship | 12 Down | I am one |
| 19 Across | Time with the Lord | 17 Down | Mary Davenport formed the first |
| 20 Across | For His Sake | 18 Down | Earliest age for a Junior Daughter |
| 21 Across | Another color of the Order | 22 Down | God of |

Bible Study

Test your knowledge of Characters of the Gospels. Simply answer the following questions:

- John the Baptist ate...?
 - Milk and Honey
 - Locusts and Honey
 - Poptarts and Gummy bears
 - Figs and Pomegranates
- What gift did Herodias ask for, after she danced for Herod?
 - Half the Kingdom
 - John the Baptist's head
 - Money
 - The new iphone
- What was Peter's profession?
 - Fisherman
 - Tax Collector
 - Website designer
 - Tentmaker
- Who was Nicodemus?
 - A Pharisee
 - A Saduccee
 - A Zealot
 - Quarterback of the Jerusalem football team

News to Know

Special Project for Junior Daughters for Triennial

☞ Beginning in January, every Junior chapter will receive a package of beads and directions for making bracelets for Triennial. The exact number each chapter has to make will depend on the chapter size. They will be made in sets of seven different bracelets, one for each Gift of the Spirit. We plan to give one to every Daughter in attendance, Senior and Junior. **Directresses, please make sure we have your correct address.** Thank you.

☞ Want to read about mission trips Juniors took to Honduras and Nicaragua? Check out the Juniors page on the Daughters of the King National website, dok-national.org/

Answers: 1) Mt 3:4, 2) Mk 6:25, 3) Lk 5:2-3, 4) Jn 3:1-2